



For Immediate Release
April 23, 2007

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RIVERWATCH TO OFFER
ACA INTRODUCTION TO KAYAKING COURSE
MAY 12, 2007 AT CALOOSAHATCHEE REGIONAL PARK

ALVA - The Caloosahatchee River Citizens Association/Riverwatch is offering an ACA Introduction to Kayaking Course (Level 1) on **Saturday, May 12, 2007** from **9 a.m. to 3 p.m.** at the Caloosahatchee Regional Park on S.R. 78 in Alva, Florida. Certified instructor, Karen Bickford, will focus on the skills needed for any type of kayak during the six-hour course. Participants will learn the proper attire to paddle safely, potential paddling hazards, and simple rescue techniques. Kayaking equipment will be furnished and lunch will be provided. Kayakers will have a choice of either a turkey and cheese sandwich, roast beef or club sandwich and Coke, Diet Coke or Sprite. A minimum of 5 participants is required and we can handle a maximum of 20 people.

Participants need to bring extra water, sun block, a hat, insect repellent, a towel, and clothing and shoes that can get wet.

The cost is **\$15** for non-members (which includes a 1 year membership to CRCA) and free to paid-up members of Riverwatch. To register, call the CRCA number - **239-243-9681** and leave your name, phone number and the number of people planning to attend the kayaking course or you can email Ms. Bickford at karen@caloosahatchee.org. When registering, be sure to indicate your sandwich and drink preference. When you check-in on May 12, you can pay by cash or a check payable to CRCA/Riverwatch. Sorry, but we cannot accept credit cards at this time. You can also go to the Riverwatch website, <http://crca.caloosahatchee.org> and join CRCA by using PayPal and save \$5. **Deadline for registration is Thursday, May 10, 2007.**

Riverwatch is a non-profit organization dedicated to the protection of the Caloosahatchee River and its watershed, through education and promotion of responsible use and enjoyment by all people. For more information, please see the Riverwatch website at <http://www.crca.caloosahatchee.org>.

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